

sacrifice. We remember the 120 officers who paid the ultimate sacrifice with their lives last year while in the line of duty.

Peace officers separate us from the outlaws. They separate anarchy from law and order. They help bring justice to crime victims, and peace to communities that crime has affected. We must support our peace officers because they support us, the home-front. And that's just the way it is.

MAYRA BARRERA

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 15, 2013

Mr. PERLMUTTER. Mr. Speaker, I rise today to recognize and applaud Mayra Barrera for receiving the Arvada Wheat Ridge Service Ambassadors for Youth award. Mayra Barrera is a 12th grader at Jefferson High School and received this award because her determination and hard work have allowed her to overcome adversities.

The dedication demonstrated by Mayra Barrera is exemplary of the type of achievement that can be attained with hard work and perseverance. It is essential students at all levels strive to make the most of their education and develop a work ethic which will guide them for the rest of their lives.

I extend my deepest congratulations to Mayra Barrera for winning the Arvada Wheat Ridge Service Ambassadors for Youth award. I have no doubt she will exhibit the same dedication and character in all of her future accomplishments.

IN RECOGNITION OF THE DEEDS
AND SERVICES OF ALICE M. BENOIT

HON. CHARLES B. RANGEL

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 15, 2013

Mr. RANGEL. Mr. Speaker, I rise today to honor, recognize, and invoke the memory of Alice M. Benoit, a nurse that traveled around the world, from Libya, to Mexico, and finally to D.C. where she settled as a nurse at the Rayburn House Office Building giving 25 years of excellent service.

Alice M. Benoit was born in St. John's, Newfoundland and immigrated to the United States in 1945 in order to "see the world". Pursuant to that dream, she joined the Army Nurse Corps where she assisted in healing our soldiers in U.S. bases in Libya and in 1948 was granted U.S. citizenship. She also served as head nurse at the U.S. embassy in Mexico City and afterwards she worked in Texas, Alabama, and Florida.

Later on she found herself on Capitol Hill looking for employment. She had an interview with the Attending Physician's office and landed a job at the Rayburn House Office Building in 1967. During her tenure on the Hill, she provided health services to Members of Congress, staff members, and the American people who came to visit the Capitol every day. Former Representative Tom Downey (D-NY) remembered that Alice not only provided med-

ical services, but she also provided a "soothing word to people when they needed it". She was known to be "terrifically confident and competent."

After serving 25 years on Capitol Hill, she received a Letter of Commendation for her extended service from Dr. Robert C. J. Krasner, the Former Attending Physician of the Capitol. Soon afterwards she retired in February 1992 with plans to travel with her husband, Eugene Benoit, and "read a few good books". In April 19, 2013 Alice passed away from pneumonia at an assisted-living facility in Melbourne, Florida.

TRIBUTE TO CLARENCE
NATHANIEL HOLT

HON. HENRY C. "HANK" JOHNSON, JR.

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 15, 2013

Mr. JOHNSON of Georgia. Mr. Speaker, I present the following U.S. Citizen of Distinction.

Whereas, we are gathered to celebrate the life of Mr. Clarence Nathaniel Holt, a cornerstone in the Providence community; and

Whereas, Mr. Clarence Nathaniel Holt was born in Nashville, Tennessee, educated in the Davidson County Public Schools and was a longtime member of Lake Providence Missionary Baptist Church; and

Whereas, he was a member of the "Greatest Generation" having served our nation with honor in the U.S. Army during World War II; and

Whereas, Mr. Holt gave of himself, his time, his talent and his life with unwavering commitment to his family and community; and

Whereas, he was a husband, a father, a grandfather, a neighbor and a friend; he was a man who enjoyed life, savoring the moments with Jennie, his wife and life partner of sixty-two (62) years and their three children, Clarence, Kathy and Charles; and

Whereas, the U.S. Representative of the Fourth District of Georgia recognizes Mr. Clarence Nathaniel Holt as a citizen of great worth and so noted distinction; now therefore, I, HENRY C. "HANK" JOHNSON, Jr., do hereby attest to the 113th Congress that Mr. Clarence Nathaniel Holt is deemed worthy and deserving of this "Congressional Honor" by declaring Mr. Clarence Nathaniel Holt, U.S. Citizen of Distinction in the 4th Congressional District of Georgia.

Proclaimed, this 7th day of February, 2013.

MERCEDES FIGUEROA

HON. ED PERLMUTTER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 15, 2013

Mr. PERLMUTTER. Mr. Speaker, I rise today to recognize and applaud Mercedes Figueroa for receiving the Arvada Wheat Ridge Service Ambassadors for Youth award. Mercedes Figueroa is an 8th grader at Wheat Ridge 5-8 and received this award because her determination and hard work have allowed her to overcome adversities.

The dedication demonstrated by Mercedes Figueroa is exemplary of the type of achieve-

ment that can be attained with hard work and perseverance. It is essential students at all levels strive to make the most of their education and develop a work ethic which will guide them for the rest of their lives.

I extend my deepest congratulations to Mercedes Figueroa for winning the Arvada Wheat Ridge Service Ambassadors for Youth award. I have no doubt she will exhibit the same dedication and character in all of her future accomplishments.

HONORING THE MENTAL HEALTH
ASSOCIATION OF MORRIS COUNTY'S 60TH ANNIVERSARY

HON. RODNEY P. FRELINGHUYSEN

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 15, 2013

Mr. FRELINGHUYSEN. Mr. Speaker, I rise today to honor the Mental Health Association of Morris County; located in the Borough of Mountain Lakes, New Jersey, which is celebrating its 60th Anniversary.

The Mental Health Association of Morris County is a local chapter of the New Jersey Division of the National Mental Health Association, now known as Mental Health America. In earlier days of mental health treatment, asylums often restrained the mentally ill with chains and shackles. With the advent of better understanding came more humane treatments, and the cruel practice was halted. In the early 1950s, Mental Health America issued a call to asylums across the country for their discarded fetters. On April 13, 1956, the McShane Bell Foundry in Baltimore, Maryland, recast these into the Mental Health Bell, to be a sign of hope for improving mental health and achieving victory over mental illnesses. The bell, now the symbol of Mental Health America, serves as a powerful reminder of the invisible chains of misunderstanding and discrimination that continue to bind people with mental illnesses.

The Mental Health Association of Morris County was incorporated in 1953, when a small number of people in recovery from mental illness and their families decided to bring the advocacy organization local, for a better mental health system of care. The mission of this organization is to promote mental health and to support and empower people in recovery from mental illness through effective services, education, and advocacy. Within the community of Morris County, the Mental Health Association provides services to those who are most devastated by mental illness, giving them hope for recovery. They employ peer workers who have gone through similar struggles to help coach the next generation of mentally ill. The organization aids those in need transition from homelessness to housing, and from psychiatric hospitals to the community. Additionally, the Mental Health Association of Morris County serves as advocates of community education, improvement of services, policies, and resources, and promotes self help.

The goal of independence for those suffering, both financially and in conducting their lives, is an important aspect of promoting wellness. Financial support and counseling allows mentally ill people to live independently in their permanent housing opportunities where they might otherwise end up in expensive institutional or jail facilities. Their Peer-to-